



## CLEARMEADOW PUBLIC SCHOOL

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[clearmeadow.ps@yrdsb.ca](mailto:clearmeadow.ps@yrdsb.ca)

June 2, 2020

Dear Clearmeadow families,

We recognize that the events and images over the past week may be impacting our students and community. Please use the link below to access an important message from Board Chair, Juanita Nathan and Director, Louise Sirisko (also posted on the YRDSB website):

<http://www.yrdsb.ca/schools/Repository/NewsEvents/Pages/BoardNews/Message-From-The-Director.aspx>

We would also like to bring to your attention that there are other resources you may access to support mental health and well-being and to navigate conversations about these events and situations with your children.

1. Article about how to speak with your children about what is scary in the news:  
[When the News is Scary - What to Say to Kids, Article](#)
2. Some of the culturally relevant supports available in the GTA, shared by the Alliance of Educators for Black Students (AEBS)
  - Black Youth Helpline: <https://blackyouth.ca/>
  - Kids Helpline: <https://kidshelpphone.ca/>
  - Taibu Community Health Centre: <http://taibuchc.ca/en/services/>
  - Tropicana Community Services: <http://tropicanacommunity.org/programs/our-programs/culturally-appropriate-counselling-department/>
3. To support families, we would also like to remind you about the YRDSB mental health resource list which is continuously updated at:  
<http://www.yrdsb.ca/schools/Repository/NewsEvents/Pages/BoardNews/Coronavirus-Community-Supports.aspx>

Please reach out to us if you are seeking further supports or have questions pertaining to your child.

Sincerely,

Janine Stutt  
Principal

Kim Taylor Reed  
Vice-Principal